

# St. Joseph the Worker School

## October 2019 Menu

Fresh fruits & vegetables are served when available & affordable. No person because of race, color, national origin, sex, age or handicap, shall be excluded from / participation in / be denied benefits of/or be otherwise subjected to discrimination in our USA Department of Agriculture Food & Child Nutrition Program.

\*Milk choices: Fat Free Chocolate & 1% Low Fat White

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

10.1.19

10.2.19

10.3.19

10.4.19

Spaghetti	Tomato or Chicken Noodle Soup	Hot Dog	Pancakes or French Toast Sticks
Mozzarella Cheese Stick	Grilled Cheese Sandwich	Spicy or Regular -	Sausage Links
Garlic Bread	Mixed Green Salad	French Fries	Hash Brown
Green Beans	Fruit	Baked Beans	Fruit
Fruit & Milk	Milk	Fruit & Milk	Milk

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

10.7.19

10.8.19

10.9.19

10.10.19

10.11.19

Baked Ham Slice	Twisted Rotini w/ Marinara	Beefy Cheesy Nachos	Chicken Patty on Bun	Turkey Gravy
Mashed Potato w/Gravy	or Alfredo Sauce	Carrot Sticks w/ Dip	Tater Tots	over Biscuit
Broccoli	Garlic Bread/Cheese Stick	Cucumbers w/ Dip	Baked Beans	Corn
Dinner Roll	Green Beans	Muffin	Fruit	Green Beans
Fruit & Milk	Fruit & Milk	Fruit & Milk	Milk	Fruit & Milk

### ***PARISH-SCHOOL MISSION STATEMENT***

Saint Joseph the Worker Roman Catholic parish and school encourages its members to live fully the message of Jesus Christ. Inspired by the Holy Spirit through faith, love, sacraments, and service, our parish family will be a community of lifelong achievers and a center for academic excellence.

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<u>Monday</u> <u>10.14.19</u>	<u>Tuesday</u> <u>10.15.19</u>	<u>Wednesday</u> <u>10.16.19</u>	<u>Thursday</u> <u>10.17.19</u>	<u>Friday</u> <u>10.18.19</u>
Beef Ravioli	Oven Baked Chicken-	Walking Taco	<i>Parent Teacher</i>	<i>No School</i>
Mozzarella Cheese Stick	Drum Stick	Peas	<i>Conferences</i>	
Green Beans	Mashed Potatoes/Gravy	Broccoli	<i>Half Day</i>	
Muffin	Corn/Dinner Roll	Muffin	<i>No Lunch</i>	
Fruit & Milk	Fruit & Milk	Fruit & Milk		

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<u>Monday</u> <u>10.21.19</u>	<u>Tuesday</u> <u>10.22.19</u>	<u>Wednesday</u> <u>10.23.19</u>	<u>Thursday</u> <u>10.24.19</u>	<u>Friday</u> <u>10.25.19</u>
Pepperoni Pizza	Chicken Rings	Hamburger	Taco w/	Corn Dogs/Macaroni & Cheese
Mixed Green Salad	Tater Tots	Spicy or Regular -	Meat/Cheese/Lettuce	Steamed Broccoli
Green Beans	Veggie Sticks w/ Dip	French Fries	Corn/Peas	Green Bean
Fruit	Muffin	Carrots/Baked Beans	Muffin	Fruit
Milk	Fruit & Milk	Fruit & Milk	Fruit & Milk	Milk

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**10.28.19/Monday**    Chicken Nuggets    Tater Tots/Corn    Muffin/Fruit/Milk  
**10.29.19/Tuesday**    Spaghetti/Mozzarella Cheese Stick/Garlic Bread/Green Beans/Fruit/Milk  
**10.30.19/Wednesday**    Tomato Soup or Chicken Noodle Soup/Grilled Cheese Sandwich/Mixed Green Salad/Fruit/Milk  
**10.31.19/Thursday**    Hot Dog/Regular or Spicy French Fries/Baked Beans/Fruit/Milk

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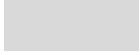
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